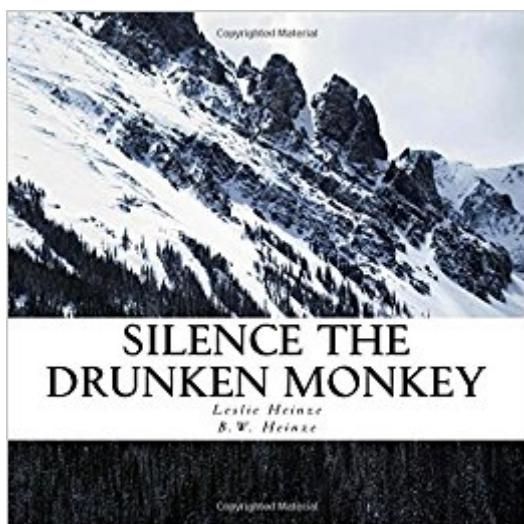


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# Silence The Drunken Monkey: A Guide To Slowing Down And Getting Grounded. (Drunk Monkeys) (Volume 1)



## Synopsis

The images in this book were captured in various locations across North America. My camera has led me to so many beautiful places over the past year. From my favorite spots at home in Kentucky to the coastal mountains of Oregon. These photographs are the result of letting go and following my true authentic path. I hope you get as much joy from this book as a whole as I have capturing these images and co creating with Leslie to bring this project to fruition. B.W. Heinze

## Book Information

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## Customer Reviews

This is a handsome book. The beautiful photography and writing work together in tandem, reminding us to keep things simple. The book offers an opportunity for us to rediscover that which we may have lost or forgotten as we go about leading our busy lives. I was not familiar with the term "Drunken Monkey" but I quickly recognized its meaning, as it gave a name to the "chattering" in my mind. As the years pass, some of us begin to lose our connection with nature. I know I have. We forget the child-like joy of simply lying in the grass and looking up at the sky. Silence The Drunken Monkey is a great reminder to slow down, listen, and reconnect with the world around us; to contemplate the healing energy to be found in nature. It is much appreciated.

A great reminder to get out and explore.

I am enjoying this book very much. There is magic in combining beautiful, serene landscapes with

inspiring quotes. I find myself opening one page a day just to get inspiration as I get going with my busy life.

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